



Capitol Rideshare

Rideshare Review

A bimonthly publication from Capitol Rideshare

March/April 2018



Earn 25 HIP points when you sign up for your discounted GRID Bike membership by April 30!

Bike to work month and clean, convenient cardio!

Did you know that trading your car for a bike—even if it’s just during your lunch hour—is not only an easy way to reduce air pollution, it’s an easy way to exercise and boost your heart health, too? That’s why Capitol Rideshare and the [Health Impact Program \(HIP\)](#) are here to help you prepare for Valley Bike Month and ultimately cycle your way towards better health and a better environment.

Capitol Rideshare has teamed up with GRID Bike Share for an exclusive offer for state employees: at a discounted rate of \$30 (normally \$150), you’re entitled to an annual membership that includes 60 minutes of cumulative usage of GRID Bikes each day. You’re only charged for the time that you use the bike and you’re welcome to lock it up wherever you choose (within city limits), so there are no out-of-hub fees.

Additionally, your membership will be valid in the Phoenix area, Tempe, and Mesa; but as a bonus, you’re eligible to ride in cities outside of Arizona, like Santa Monica and Portland, through GRID Bike Share’s partnership with Social Bicycles (check out their [website](#) to see other locations and download the app)!

And why not get the whole family involved? Check out your own bike and rent up to three more bikes on your same account at normal GRID Bike pricing; there’s no need to fish through your wallet to find a credit card. Just enter your unique GRID Bike ID followed by your personal pin number and you’re good to go!

Need help signing up? Check out the [Capitol Rideshare](#) or [GRID Bike Share](#) website for more information, or follow these steps below:

- Go to [gridbikes.com](#) and select Group Plans, then choose Capitol Rideshare
- Once directed to the registration page, enter your user information and sign up using your **STATE** email address
- Enter your mailing address and postal code
- Agree to GRID Bike Share’s terms and conditions
- Enter your personal credit card information and click “I’m Ready”
- You will be sent an email confirming your membership; click the link to complete the process.

All GRID Bike members as of April 30 who are also enrolled in the Health Impact Program will receive 25 points, which will be added automatically to the HIP accounts during the first week of May. Don’t delay—enroll today!

Contact:

Capitol Rideshare
100 N. 15th Ave.
Suite 305
Phoenix, AZ 85007
602.542.RIDE
RideshareHelp@azdoa.gov
CapitolRideshare.az.gov

Ozone and high pollution advisory season has arrived

Watch for high pollution advisory (HPA) notifications, use an alternate mode and enter HPA contests!

Elevated ozone concentrations are typically observed in the Phoenix metropolitan area between March and October. Ozone (at the ground) is a colorless, odorless gas produced by chemical reactions between oxides of nitrogen (NO_x) and volatile organic compounds (VOCs) in the presence of sunlight. Health problems triggered by breathing ozone include shortness of breath, chest pain, throat irritation, coughing and reduced lung capacity. Breathing ozone can worsen bronchitis, emphysema and asthma, increasing the need for medical care.



To raise awareness about the problem, Capitol Rideshare will email HPAs issued from the Arizona Department of Environmental Quality (ADEQ) to state travel reduction coordinators for distribution at each agency through October. This summer, especially on HPA days, please carpool, try transit, or telework. And if you do, log on to CapitolRideshare.az.gov and enter the [HPA Day Contest!](#) Just tell us who you are and what mode you used. At the end of the month, we will draw winners from the pool of names! The more frequently you use an alternate mode on HPA days, the more chances you have to win!

You can contribute to trip reduction and pollution abatement by:

Observing HPA ° Refueling after dark ° Carpooling ° Teleworking ° Taking mass transit ° Staying in for lunch ° Combining trips ° Choosing web conferencing instead of traveling to off-site meetings

The ADEQ forecast team updates the Air Quality Index reports (with extended forecasts) daily; the reports are available at the [ADEQ Air Quality forecast page](#).

Capitol Rideshare's Rules revision package was approved by GRRC

In March, the Governor's Regulatory Review Council (GRRC) approved an Arizona Administrative Code rules package put forward by the ADOA Office of Grants and Federal Resources, the parent agency of Capitol Rideshare. The rules package streamlined the program rules that govern the state's travel reduction program, updated redundant language and added provisions expanding the program to include new ridesharing partners. The rulemaking effort was undertaken to address Governor Doug Ducey's request that agencies eliminate rules that are antiquated, redundant, or otherwise unnecessary. The result is a set of rules that govern a single, comprehensive travel reduction program to encourage employees and their managers to reduce single occupancy vehicle commutes through subsidies and incentives. The new rules eliminate unnecessary and duplicative rules and consolidate program elements into one article, reflective of current program practices. The revised rules become effective on May 5 and will be published later this summer.

2018 Travel Reduction Survey is complete!

Capitol Rideshare has concluded the 2018 Travel Reduction Survey. We received 19,984 survey responses this year! Many of you helped your agencies achieve the state's goal of an 89% response rate on this year's survey—we thank you. The survey data will be analyzed; your agency travel reduction coordinators will receive detailed reports to help prepare the agency's travel reduction plan for FY 2019.

To see how your agency fared this year, be sure to check out the agency response rate reports [online](#).

Capitol Rideshare surprises Platinum Pass users with a prize!

Each month, three Platinum Pass users will be chosen at random to win a prize

Riding transit can save you time and money. Each day, hundreds of state employees climb aboard a Valley Metro bus or light rail and enjoy a quiet and relaxing commute. Valley Metro Local, Express, and RAPID buses and light rail can get you to work without the hassle of traffic, often quicker than driving alone.

Now, using the Platinum Pass can increase your chances of winning a prize from Capitol Rideshare! To promote the state's subsidized Platinum Pass transit program, Capitol Rideshare will choose three riders at random each month to receive a prize. We have the results of our first two months; each won a \$10 Lyft credit:

January winners: Arlette Agati, Court of Appeals; Patricia Wisner, Arizona House of Representatives; and Janine Silva, Department of Revenue

February winners: Cherie Randall, Department of Corrections; Rebecca Levene, Arizona Health Care Cost Containment System; and Minnie Gaw, Department of Economic Security

Two of the winners said that beating traffic and reducing stress were motivators to take the bus. Minnie Gaw said she had been riding transit for more than 10 years and appreciates not having to deal with traffic-related stress before or after work. Patty Wisner, who works at the legislature, doesn't want to drive in heavy traffic. "I have been riding the bus for the past six years. I can say that the best part is not having to sit in traffic."

Sign up today! The state offers a transit subsidy to employees who sign up for the Platinum Pass; there is no fee to apply for the pass. The current subsidy rate is 50 percent of the fare, up to half the cost of a monthly pass. Just print out the [application](#), complete it and send it to your agency's human resources unit. Learn more about this program on [Capitol Rideshare's website](#).

Join us for a Bike to Work Lunch & Learn on April 12

Join Capitol Rideshare and our friends from the cycling community for a fun, informative event! Whether you bike to work or bike to meet a carpool, vanpool or bus, incorporating a bicycle into your commute might be easier than you think! Representatives from Valley Metro, Arizona Department of Transportation, and the City of Phoenix will provide information about route planning, safety, and other tips for beginners and experienced cyclists alike. The event will also have information about the discounted GRID Bike Share membership for State employees. Bring your lunch; we'll provide dessert!

When: Noon – 1:00 p.m., April 12, 2018

Where: 3300 Central Ave., 10th floor ASRS Board Room

RSVP: RideshareHelp@azdoa.gov or 602.542.7433

Sign up for Valley Bike to Work Day; takes place April 18!

Join Capitol Rideshare, Maricopa County and the City of Phoenix on April 18, 2018, for the 13th Annual Bike to Work Day! Bike-riding novices and cycling pros alike are encouraged to register for the event! There will be an official group ride that begins at Park Central (Osborn & Central) and ends at CityScape (Washington & Central) in downtown Phoenix; these riders will have a police escort. If the group ride from Park Central doesn't work, you are encouraged to ride directly to CityScape. Participants must bring their bikes or use their [GRID Bike share account](#). Capitol Rideshare will have a table at CityScape to help promote fitness and clean air and to answer questions about any of the travel reduction incentives. More information is posted on [Maricopa County's web page](#) dedicated to the event. **Participants who [register for the group ride or solo ride](#) by April 11, 2018 will receive a light breakfast at CityScape and a Valley Metro t-shirt and will be eligible to win great prizes.**

Coordinator's Corner

Thank you for a successful administration of the 2018 Travel Reduction Survey!

Capitol Rideshare staff extends our appreciation to the travel reduction coordinators for an outstanding effort this year! We know it was challenging as we rolled out a new survey instrument and a much shorter survey timeframe. The survey closed on March 30; we have 19,984 surveys from state employees! We could not have done this without your help—and many of you saw your individual agency response rates increase over 2017. A total of 61 agencies met or exceeded the state's goal of 89% participation; many of your agencies reached 100% participation!

We will reach out to you to learn how this process worked for each of you and what we can do to make improvements for next year. We will email you with your agency's results in June, then follow up with information for preparing the travel reduction plan for your agency.

Capitol Rideshare would like to acknowledge the work of Jeffrey Potter at Department of Child Safety, a new coordinator. In 2017, DCS had a rate of 81%; in 2018, DCS reached 94%! Another high performer this year was Wendy Wilda at Department of Economic Security for one of the most-improved participation rates. Last year, DES had a rate of 70%; this year, DES surpassed 82%. Heather Milstead at Department of Corrections, (93%) Jackie Ruble at Department of Juvenile Corrections (99%) and Vicky Rokkos at Department of Environmental Quality (100%) also saw great improvement. We thank each of you for your hard work completing the 2018 survey administration.

Reminders

Commuter Club and Parking Permit renewals coming soon!

Capitol Rideshare will begin the renewal process for Commuter Club membership and carpool parking permits by June 1. Please be sure to watch for notification. We will email current Commuter Club members and current permit holders, so please be sure your contact information is up-to-date with us. Your agency's travel reduction coordinator will also send reminders. **All Commuter Club memberships and parking permits must be renewed by June 30.**

Still haven't joined Commuter Club? Sign up today for peace of mind and discounts!

If you take the bus, light rail, carpool, bike, or use another alternate transportation mode to get to work at least twice a week, you are eligible for FREE Commuter Club membership! Benefits include: **Emergency Ride Home** for unexpected emergencies; this service will return the employee to their car or their home at no cost to the employee (twice per fiscal year). Restrictions apply. **Discounts from Uber and Lyft:** Seasonal offers change throughout the year and are subject to expiration. To learn more about Commuter Club or to sign up, please visit us online at CapitolRideshare.az.gov.

Match list service for carpools and vanpools

Need to find someone to share the ride? Log on to SharetheRide.com and complete a match list. It takes just a few minutes and it is confidential. The tool will allow you to find others who are seeking commuters for a carpool or vanpool. Need help? Call us at 602.542.7433.

Valley Metro Service changes coming in April

Transit riders: please check the [Valley Metro transit service changes](#) that will take effect on April 23, 2018.

Capitol Rideshare is administered by the Arizona Department of Administration Office of Grants and Federal Resources and is funded by the Federal Highway Administration through the Maricopa Association of Governments and by the Arizona Department of Environmental Quality.

Editor: Mary Marshall; Contributor: Bailey Reynolds



ARIZONA

DEPARTMENT OF ADMINISTRATION
GRANTS

Travel Reduction Survey

Final Survey Results

STATEWIDE RESPONSE RATE

89%

61 Agencies had a
response rate above
89%*

Total Surveys Taken: 19,984

Average number of
miles employees
drive (One-way)

20.2 Miles

Average time it
takes employees
drive (One-way)

42 Min

*Go to Capitolrideshare.az.gov/travel-reduction-survey
to see your agency's final response rate

GRID BIKE STATE EMPLOYEE ANNUAL MEMBERSHIP



ARIZONA

\$30



CELEBRATE BIKE MONTH

EARN 25 HIP POINTS*
WHEN YOU SIGN-UP
FOR GRIDBIKE IN APRIL

- 60 MIN OF DAILY CUMULATIVE USAGE
- NO OUT-OF-HUB FEES
- DOWNLOAD SOCIAL BICYCLES APP TO SEE WHERE YOU CAN RIDE
- APPROVED STATE EMAIL ADDRESS REQUIRED
- MEMBER RESPONSIBLE FOR OVERAGES

Points will be verified and automatically awarded to HIP account in May

Sign up at [GRIDBIKES.COM](https://gridbikes.com)>Group Plan>Capitol Rideshare

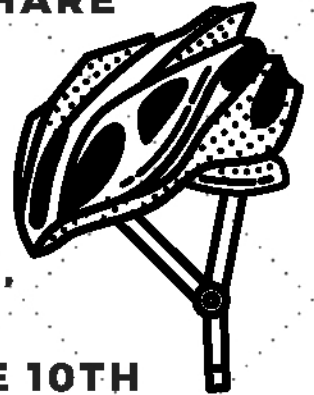
<https://adoa.totalwellbeinglife.com/>



BIKE TO WORK LUNCH AND LEARN



**JOIN CAPITOL RIDESHARE
ON THURSDAY
APRIL 12, 2018
FROM 12 TO 1 PM
AT ARIZONA STATE
RETIREMENT SYSTEM,
3300 N. CENTRAL
AVE, PHOENIX IN THE 10TH
FLOOR BOARDROOM**



This learning session will have information for both novice riders and experienced bicyclists; so bring your lunch and find out how to incorporate a bicycle into your commute--it might be easier than you think.

- Representatives from Valley Metro, Arizona Department of Transportation, City of Phoenix & GRID Bike Share will present information about biking to work.
- We will also have information about Capitol Rideshare's discounted, subsidized annual GRID Bike Share membership for state employees.

RSVP:

**RideshareHelp@azdoa.gov
or 602-542-RIDE**